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FSC Visits China

By Adrianne O'Hare

Farmingdale is willing to go outside its boundaries to expand student's horizons on education and culture. President Hubert Keen, along with five Farmingdale staff members and 35 other SUNY members traveled to China to start this new beginning.

"It was a great experience for me as well as the college," said President Keen. "We learned China's educational structure and the culture they live in." This also reunited SUNY members, and the Chinese students who came to Farmingdale and other SUNY schools last spring.

Since the earthquake, China has been rebuilding its homes and neighborhoods. During their trip, President Keen and other members visited new campuses and met with the Chinese Ministry of Education and Chengdu University to discuss an exchange of students. China's business market has been growing rapidly in recent years, so they are focusing on students from the Business and Information Technology departments. "This will help expand our focus on International Business at Farmingdale," said Director of Communications, Kathy Coley.

"This is a new experience and perspective for Farmingdale to bring students abroad," said President Keen. Education isn't the only benefit in student exchanges. This opens doors for students to see how other cultures live and too diversify themselves. China is very open to other cultures and learning different languages when students are 8 years old.

Farmingdale is hoping to offer students Study Abroad in China within the next year. Chinese students can be seen here sooner.

While the Chinese kids were in the United States last spring, they learned a lot about the American culture,

education, and the relationships we build. Many have also considered finishing college in the United States.

Other members of Farmingdale State College who joined President Keen in China were Kathy Coley, Director of Communications, Pat Calabria, VP for Institutional Advancement, Dr. Lorraine Greenwald, Dean of the School of Business, Kathie Conarck, Senior Admissions Counselor, and James Jailer, a volunteer who helped organize most of the activities for Farmingdale's SUNY China 150 program.



The Deepest Cut

By Kate Sparling

Liz Escobar, a pretty, freshman, stood in front of Roosevelt Hall because her girlfriends were there. What Escobar didn't realize was that what she was about to hear could determine her future.

Republican Senators Charles Fuschillo and Ken Lavelle and Assemblyman Joe Saladino held a press conference at FSC to rally support against New York Governor David Patterson's proposed mid-year budget cut of \$90 million from the SUNY and CUNY system.

"I'm not going to let them take money from you," said Fuschillo. The response from the gathering crowd of students was audible. Students held up posters that read "Education isn't the problem; it's the solution!"

Farmingdale State College is the largest of SUNY's technology colleges. Its full-time enrollment has increased 67

percent since 2000 – one of the largest increases in the SUNY system.

The two senators were joined by many others in the fight to secure funding necessary to boost Long Island's economy through education

"Governor Paterson was here early spring saying there would be a tuition increase by 10 percent and now this cut," said Lavelle. "This means certain classes and programs will be taken out. Patterson was wrong then and he's wrong now. I support you," he said, pointing to the students."

Salidino was referring to the 10 percent tuition hike Governor Paterson had called for the Fall 2009 semester, which came on top of the tuition increase he already implemented this past spring.

When combined, these two increases raise tuition by 14.2 percent, or \$620, per student. The increase in SUNY tuition had been meant to minimize the effect of a decrease in state support. But instead, the \$76 million that will be generated by the tuition increase will not be spent on any campus or in any classroom. Rather, SUNY will be left with only 10 percent and the rest will be placed in the State general fund to be spent some place else.

"Farmingdale provided me with training to contribute to society. Already cuts have affected tutoring and other services going on right now," said

former aviation student, Kemoy Allen.

Melissa Molina, electronics engineering major said, "Farmingdale offers more financial opportunity than most institutions and I'd hate to lose that opportunity."

A very outspoken and energized Larry Hip, security systems programming student said, "I'm getting a great education and SUNY is not the

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Relaxing in a Whole New Way

By Mia Parziale

Usually people having needles stuck into their skin wouldn't find it relaxing, but for the students and faculty at Farmingdale State College it can be.

Acupuncture is offered at the Health and Wellness Center. It is a technique that involves placing hair-thin needles in pressure points throughout the body. Stimulating these points is believed to enhance the body's healing capabilities. It releases pain-killing endorphins which relieves stress.

"People mostly come in who are having pains, fatigue and are stressed," said Joseph Kuppelmeyer, who is in the acupuncture program. "It is a free service given to students and faculty at the Health and Wellness Center on campus."

Heather Burnett who is also part of the acupuncture program said that people use acupuncture after trying the western approach of medicine because it is a drug free therapy. "The people performing the services are interns under trained professionals," said Kuppelmeyer.

Bobby Bittles, 19, had tried this therapy because he was having pains in his wrist, elbow and knee. "The people were very nice and the needles weren't as bad as I thought they'd be," said Bittles. "It was very relaxing and I'd recommend it to others."

Some students were surprised at the service. "I wasn't even aware that our school offered these programs," said

Christina Barnett, 20. "I think it's great, but I would need to know more about the people performing these services before going through with it."

The interns working with the patients must have a two-year degree in the grad school program before they are allowed to interact with the patients.

The Health and Wellness Center will typically get 15 patients on the days they are open, which are Tuesdays and Thursdays. Usually the patients are faculty, but it is open to all Farmingdale students.

The patient must make an appointment a few days in advance. There are no walk-ins. The treatment will last around 35 minutes and the patient should come in once a week for weekly maintenance depending on the severity of the problem.

The stress level of college students are high having to deal with their jobs, school, and social life. The Chinese method of acupuncture has become more appealing. With the economy at the state that it is, it's hard for people to pay for services of relaxation. Since it's free on campus, people are more inclined to set up an appointment at school.

The Health and Wellness Center also offers other services such as addiction counseling, aroma therapy, hypnosis, massage therapy and yoga meditation. Not all are free, but the prices are reduced to an affordable rate.



No Excess of Access

By Kate Sparling

It's a sign that is posted in many places around FSC but few notice. To Dr. Robert Crocker, professor of Anatomy and Physiology at FSC, the "out of order" sign on an automated entrance doesn't pose as much of a threat as it does to students with more severe disabilities.

Handicapped access that is not operating means dependence and delay for those students and staff who require special accommodations in order to gain entry to the many buildings on campus. Carmen Capozziello, 21, from Babylon notices disabled students as they navigate the cross walks, elevators and parking. "My aunt has cerebral palsy and uses a wheelchair which is why I'm very conscious of whether a place is wheelchair accessible when I go anywhere," Capozziello said.

"Farmingdale is a college that has always been motivated and extremely willing to do the right thing for students with disabilities but has always been challenged fiscally to make accommodation," said Director of Support Services for Students with Disabilities and Director of Career Services, Malka Edelman.

"The person in the wheelchair has a whole different perspective. This is a huge dilemma," Edelman said. "Elevators are another problem. They are old and on the 'to do' list for renovations, Laffin and Hale specifically."

"We don't have enough electronic doors," said Edelman. It's not that the doors themselves are expensive; it's the service contracts that are. There was \$500,000.00 given to the campus for capital improvement to this cause and it would be implemented by physical plant."

Crocker has used a scooter since 2000 to navigate around the campus. "For my own purposes, the conditions are adequate, but for other students with needs for greater assistance, the situation is completely insufficient," Crocker said. "The State is mandated, even though the funding was awarded, to go through a bidding process for contractors and this process is extremely slow."

Continued Deepest Cut

problem, we are the solution!" Hip's friends, all dressed in team jackets, cheered, joined by the crowd.

Assemblyman Joseph Saladino spoke with great fervor. "We've been dissed and we cannot allow it. It's not about Republican vs. Democrat anymore. It's about giving you guys the education you deserve. Let's say 'no' to the Governor and yes to Farmingdale and education!"

Call Paterson and tell him we are not going to accept a cut. Also please write to your newspaper editors," said Saladino. His confidence and requests for help were met by "yes!" from the

students. He closed by leading a chant of "No cuts, Yes to Education!"

By the end of the rally, 90 students had attended. The crowd lingered and well wishers thanked all three speakers sincerely.

"Fuschillo has a good reputation and has been pro-Farmingdale," said Dr. Vicki Janik, Chair of FSC's Professional Communications Department. "We are in his district so it benefits all of us to support SUNY." "We've anticipated that CUNY will be hit hard too. We're hoping that the Governor will come to his senses," said Janik.

Men's Soccer

By Susan Dux

The dark clouds and strong winds might have given a discouraging tone as the Rams entered the field with the opposing team, Mount Saint Mary Blue Knights from Newburgh, New York. The energy illuminating from the Rams Farmingdale Soccer Team was anything but discouraging.

Coach Chuck Schimpf began coaching at Farmingdale State College in the fall of 2003. Prior to Farmingdale, Coach Schimpf was Head Coach at Suffolk Community College (Western Campus) for five years. And prior to that, Schimpf was assistant coach at Kings Point, Suffolk (Selden Campus) and Stony Brook University.

By day, Schimpf is a full-time therapist. With all his sports experience he brings a team of young energized athletes. "We lost the Conference last fall, hoping to get it back this year," said Schimpf.

The Conference in soccer is equal to the Stanley Cup in ice hockey or the Super Bowl in Football.

Matt Arthurs is captain and plays left defensive position. This is his third year playing for the Rams. Arthurs is majoring in Security Systems and ultimately hopes to be a police officer. According to Arthurs, if they win the Conference this year "it will be the first

Farmingdale team to make the NCAA Tournament."

Arthurs's center middle field teammate, Frank Volante, will be playing for the Rams for his last year.



Volante is a senior majoring in Business Management. Like Arthurs, Volante said "I'm hoping to make the NCAA Tournament this year."

Deana Ward, Assistant Athletic Director, received her B.S. in Sports Management and Masters in Athletic Administration. Ward uses a special device that enables her to program the information on the performance of the Ram players from her seat on the field.

Every assist or goal is entered and saved.

Once Ward returns to the office Ward uploads the information stored during the game. By the time the Rams get home, all the players' performances achieved during the game appears on the website, as well as performing stats.

Farmingdale State College is a Division III school, which only entitles students to academic scholarships. A college/university needs to be either Division One or Two to offer athletic scholarships.

The players on the Rams team have a devotion to the game and are on the field because they want to be there, not because they must be out there to satisfy scholarship requirements.

Rams play soccer from the middle of August until playoffs in November. Rams are on their way with a 3-0 win on October 10, 2009. This is the Farmingdale State men's soccer team fifth straight win.

Farmingdale ended the season with 10-9-1 overall record with 6-2 in the Skyline Conference. They earned the #2 seed in the Skyline Conference. Next season, the Rams will be returning 24 of their 27 players.

Leading In Sweat and Spirit

By Carolyn McKeon

Imagine the adrenaline coursing through your body as you try to accurately determine the best pass to a teammate during a big match. Feel the perspiration pouring off your skin as you see the opposing team litter your vision with attempts to kill your spurred strategy.

Opponents closing in from all directions—and wait, was it mentioned that they had sticks? Lacrosse sticks, or to be more accurate a Crosse. At Farmingdale State College, lacrosse is all about hard work, team spirit, and of course, the buckets of sweat.

According to the Farmingdale State College web site, their men's lacrosse team completed the year with a total record of 6-10, and seized a 2-3 record in the Skyline Conference. (Skyline Conference is the title of a meeting which takes place in the New York City area and competes in the National



Collegiate Athletic Association's Division III) The Farmingdale Rams won their last two conference games, and earned themselves the #4 seed and final spot in the Skyline playoffs.

During the several games that took place on October 24-25th, Farmingdale State College crossed Crosses with players from Suffolk Community College, C.W. Post, and Adelphi University. Louis Lauria, sophomore and midfield player on the Farmingdale Lacrosse team, was available for comment on the team.

"The team has a good chemistry, and even though the last year has been hard, our team is getting better as we go along," said Lauria.

While the tournament had not ended well for the Rams, some of the fans were still entertained by the play-offs.

"Overall, the game itself was extremely enjoyable," said Robert Morelli, alumni of Farmingdale State College. "My wife and I enjoyed returning to the school, but were disappointed in the loss."

While the majority of the crowd applauded the team, other fans were more disappointed with the turnout of the game. "Compared to my hometown's lacrosse team, this game was really bad," said Nicole Bomparola, senior at FSC, with a disgruntled tone. Even though the players themselves enjoyed the hard game, the loss was still on them. "Let's not talk about the tournament," said Lauria.

Even though the team just finished their most recent season, their time of rest is short. Soon enough the lot of them will be back on the field kicking up dirt, and throwing hard. Coach Tim Tuttle plans to bring the team together to train for the next season on January 15, 2010. The team will be facing Hartwick College for their first match on Saturday, February 27, 2010.



“2012”: Hit or Miss?

By Christina Barnett

One of the biggest movie events of the year occurred in Levittown on Friday, November 13th at 12:01 am. The line was out the door as people were buying tickets before being packed into two of the largest auditoriums in the movie theatre. Although “2012” was one of the most highly-anticipated films of the year, many of the audience members didn’t feel the movie measured up to their expectations.

“2012” is a thriller about a global cataclysm written by Roland Emmerich. According to Brooks Barnes from *The New York Times*, “‘2012,’ with a budget of \$200 million, had the highest worldwide opening ever for an original movie.” According to Hollywood.com, “2012” also sold \$65 million in ticket sales in the United States and Canada,

Before the movie, Alexander Barniak, 20, was waiting in line for popcorn while discussing his expectations of the movie. “When I saw the trailer, I immediately wanted to see the movie because of how amazing the special effects looked,” said Barniak. “Even if the overall plot turns out to be terrible, the special effects will definitely make the movie worthwhile.”

After seeing “2012,” Dan Lanza, 21, thought that it was everything he expected and more. “It was along the lines of another ‘Day After Tomorrow,’” said Lanza. “If you enjoyed ‘Day After Tomorrow,’ ‘2012’ is definitely a must see.” Unfortunately, not everyone felt the same way as Lanza.

Bill Bianculli, 24, didn’t think the movie measured up to his expectations. “The special effects were great, but the overall plot was dumb,” said Bianculli. “The ending made the whole movie seem absolutely unrealistic.”

Right before the lights turned on, someone shouted, “This movie sucked!”

Minds Open and So Do Classrooms

By Connie Shakalis

Hundreds of freshman may grace FSC’s campus in 2010 if the November 8, 2009, Open House is any indication. On a sun-washed Sunday that felt like a day in June, more than 1,200 attendees, including high school seniors, their pals, and parents, scrutinized FSC’s 380 acres.

“I never went to college, and now as an owner of a small business, I realize my limitations from that,” said Michael Gallagher.

He, his wife, Linda, and their son drove from Whitestone looking for a FSC program that will lead Michael Jr. to a fulfilling career. What attracted them are FSC’s academic courses and its 18 Division III varsity sports teams.

Ashley Booker, a FSC student who switched from Bioscience to the four-year Medical Laboratory Technology program, led one of the hundreds of campus tours.

“If I had gone to an Open House when I was first making my college decisions, I might have had a clearer picture of what I really wanted,” she said.

Sitting on the edge of the Little Theater’s proscenium stage in Roosevelt Hall, English professor Laurie Rozakis said to attendees, “Think about these three things when you think about where to go to college: ‘Who’s teaching your classes? How big are your classes? How safe is your campus?’” She spoke also of FSC’s great food, really great food selections and explained how she had even held her daughter’s sweet-sixteen party on campus.

Two types of Open House tours were given by dozens of FSC students: green-shirted guides showcased the campus, including Gleeson Hall’s Dental Hygiene Center, Lupton Hall’s newly remodeled chemistry labs, and Whitman Hall’s two open computer labs. Yellow-shirted guides presented dorm life in Orchard Residence Hall.

Marguerite D’Aloisio, director of the Student Success Center, in Greenley Hall, encouraged students to use the evolving e-resource center across the hall from the library. “Even after the Books and Beans café employees leave at five o’clock, students can bring in their coffee and sandwiches and do

their work. We have computers and comfortable couches, and we stay open till 11:00 p.m.,” said D’Aloisio.

During tours of Lupton Hall, FSC grad and current technical assistant, Jeff Hung, happened to be working on his doctoral project and stopped to conduct tours of the Institute for Research and Technology Transfer (IRTT) lab on the first floor. The glass-walled room boasts a 100 percent electric motorcycle, a hybrid fuel-cell-powered go-cart, and a solar-house model. Hung explained that the motorcycle is the senior project of a FSC student. Once it was assembled, Hung said an Australian actor, accompanied by his terrier, drove it 1,600 miles around the U.S. Hung then showed the audience a Discovery Channel TV clip of the ride.

“When you graduate from Farmingdale, you know how to do things, which makes you employable,” Hung said.

Another hit was FSC’s Chemistry Department’s chairman, Dr. Ursino’s chemistry lab, where experiments involving green-water and pipettes sat on lab tables waiting to be distilled and measured by next-morning’s students.

Andrea Osorio, a PCM major who hopes to use her communication skills during a nursing career, said, “The PCM program leaves lots of room for flexibility. It’s not at all rigid.” Osorio expressed her fondness for her FSC program and wanted “to show off what it has.” She “never wanted to be stuck in a class with stuck-up people,” and she hasn’t been.

For Amber Silver, FSC student and resident assistant (RA), this was an opportunity to highlight dorm life. “I want students to be interested in living in the dorms,” she said. It brings in money for events and activities for all [FSC] students, like the Carnival, Scavenger Hunt, and the Drug and Alcohol Awareness Programs.”

The North Carolina-like day was atypical for mid-November at Farmingdale, and labs, classrooms, lecture halls, and minds were opened.

