

# RAM•PAGE

FARMINGDALE STATE COLLEGE ONLINE STUDENT NEWSPAPER • MAY/JUNE 2012



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# 100 Years of Excellence

*Kiersten Daly*

One hundred years has come and gone since Farmingdale State College was first established. The celebrations of Farmingdale's 100-year anniversary began in October of the Fall 2011 Semester with Farmingdale's annual Pep Rally and Homecoming, which featured a speech from President Keen followed by a carnival-themed-barbeque.

All students, staff, alumni, and other interested participants were welcomed to the campus. During the Homecoming festivities, the women's soccer team hosted a game against Mount Saint Mary's. Junior midfielder, Christina Merrill, was excited to play during the festivities.

"It was really cool that we got to play during homecoming," said Merrill. "We had a lot of people to come support



us which was great. It was even better to end the game with a win."

To further celebrate, on April 12, a

ceremony was held to rededicate the historic Memorial Oak.

President Keen opened the ceremony by recalling the history of the tree, which was dedicated in June 1921 as a tribute to World War I student veterans.

A new time capsule was buried in place of the one uncovered from 1987, and a new centennial tree was also presented. Campus police participated in a 21-gun salute, student veterans did a color guard routine, student Kathryn Burke sang "God Bless America" and the National Anthem, and refreshments followed. One of Farmingdale's students present at the rededication described it as beautiful. "The whole

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## Zumba Flash Mob

*By Loryn Boscia*

A Flash Mob was held Thursday, April 26, outside Gleeson Hall. The slogan was "Ditch the workout and join the Party!" Keyloun's Flash Mob endured a little bit of a late start, and at first a low turnout, but eventually 15 or so FSC members partook in the Zumba fun.

"When it started there were two people there, then there was yelling at the dancing," said FSC senior Brian Dron.

Gina Fiorillo, FSC senior participated in the Zumba Flash Mob and said, "It was fun. I've never done Zumba before and it was the most fun I've ever had at school." However, not all FSC students enjoyed the campus

chaos, "I walked past the flash mob and found it to be loud and irritating," said FSC senior, Joe Filmore.

According to the Zumba® Home Website (ZHO) [www.Zumba.com](http://www.Zumba.com), Zumba Fitness® is the only Latin-inspired dance-fitness program that blends red-hot international music, created by Grammy Award-winning producers, and contagious steps to form a "fitness-party" that is downright addictive.

Since its inception in 2001, the Zumba® program has grown to become the world's largest and most successful dance-fitness program with more than 12 million people of all shapes, sizes, and ages taking weekly Zumba® classes in over 110,000 locations

across more than 125 countries.

"What people don't know about Zumba® is that it includes everyone," said Gloria Keyloun, a FCS Senior and an experienced certified Zumba instructor.

"You start dancing and listening to the music you know, and you don't even realize you are working out. The next thing you know you are sweating, dancing, and having the best time you had in a fitness class! You become aware of so many new ways to move and enjoy a workout, including socializing and meeting new people and connecting to your community more and more," said Keyloun. Which then sparked the idea for Keyloun to hold a Zumba® Flash Mob on campus

## RENOVATION OF CONKLIN HALL

By Chris Iannello



Photo Courtesy of Farmingdale State College Image Gallery

This summer, Conklin Hall (next to Gleeson) will go through a transformation; in and out. As of now, Conklin does not have much use for students, but that space will be taken advantage of after the Spring Semester has ended.

Similar to the new student center that is currently being built, Conklin will offer the students activities and a lounge.

"We plan to take much of Roosevelt Hall and place it inside Conklin. It will include a new lounge with flat-screen televisions," said Doug Dargis.

Accompanying the new televisions, video-game systems will be installed, all of which are intended for the students to use. The new Farmingdale Rambler office will be located there along with other news outlets.

"Part one of the renovation will be the exterior which will be the roof," Dargis said.

The current roof will be torn off and rebuilt with a new metal one. It will also be heightened in order for more light to come into the building. Some of the brickwork will also be revitalized.

"Farmingdale needed a better lounge and I never knew what Conklin was, so it all works out," said Steven Rappaport, a sophomore at the college.

Students who dorm have been limited to activities here on campus, but a new place to hang out and socialize will be a significant start.

"I'm excited for the renovation. There have been times where I just

want to get out of my room and go somewhere, but there really hasn't been a place," said Waqas Rana, another sophomore at the college.

There is no telling when the renovations will be completed; however there is a good chance it could be ready by the Fall Semester of 2012. Conklin will be the new student activities building starting next year and it has much to offer.

"The College is in a major transition," said President Keen. "Our students are changing as well." With renovations and new buildings being constructed, both the staff and students are glad to be a part of the Farmingdale State College community.

Commuters should capitalize on this opportunity just as much as the students who dorm. It will allow students to kill time in between their classes.

"A new office for *The Rambler* is exciting. It's a shame I won't be here to see it. People are going to start realizing that Farmingdale is a really good place to be," said Michelle Kelly, a senior commuter who writes for *The Rambler*.

Farmingdale has taken huge steps forward, and it will only continue to grow. Slowly but surely, the campus is evolving into something great.

The campus is flourishing, and this upcoming semester will bring just one of those steps.

Built in 1916, Conklin Hall will continue to have a similar exterior but will undergo a major interior renovation.

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### Rampage Staff

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## Taking Profit Out Of Education

By Thomas Klos

Open CourseWare (OCW) is a term which refers to educational materials and media created by colleges and universities and shared freely with the world via the internet.

The practice began in 1999 by the University of Tübingen in Germany and quickly spread to the United States. Since embracing the concept in 2002, MIT has led the effort in popularizing OCW, to where it has become an internationally accepted phenomenon.

Currently, hundreds of educational institutions from scores of nations create OCW and many have joined a not-for-profit organization called the OCW Consortium where they collaborate and promote their contributions online.

"I love the idea that Ivy League schools are leading the charge with creating OCW", said Salma Khowaja,

OPENCOURSEWARE  
CONSORTIUM

a Criminal Justice student. "It lends credibility to the cause and gives people more incentive to get involved."

Colleges and universities are free to use OCW when teaching their own classes without concerns of copyright infringement or paying royalties.

At a time when many students are choosing Farmingdale State College because of its notably affordable tuition, it behooves Farmingdale to take other reasonable steps to keep student costs down.

Hypothetically, OCW materials created for a microbiology course at Tufts University could be used in teaching the Farmingdale BIO 316 General Microbiology course.

"I think Farmingdale [State College] should look into replacing textbooks with OCW materials wherever possible," said Dan Sheehan, a Farmingdale student. "It would be a really awesome opportunity for students to be able to get information necessary without having to pay inordinate amounts of money for textbooks. Farmingdale [State College] can show students that it has their best

## The R.A.D FARMINGDALE PROGRAM

By Raquel Sousa

Farmingdale State College is offering a Rape Aggression Defense program for women. The nine hour class is free and open for all female faculty and students.

This course is being offered by three of Farmingdale's police officers to teach women self-defense.

R.A.D's goal is to empower women with a new sense of awareness, confidence and a true ability to survive and escape during an abductive attempt and/or assault. The three hour course shows women hands on self-defense tactics that can one day save their life.

"The course helps you see things before they happen," said Luis Llano, Farmingdale's police officer. Llano has been a police officer for 13 years and says he teaches this course because of the women in his life: his wife and daughter. The officers begin the class with a few warm up exercises and stretches and then they go through basic self-defense techniques.

"You only have one or two hits

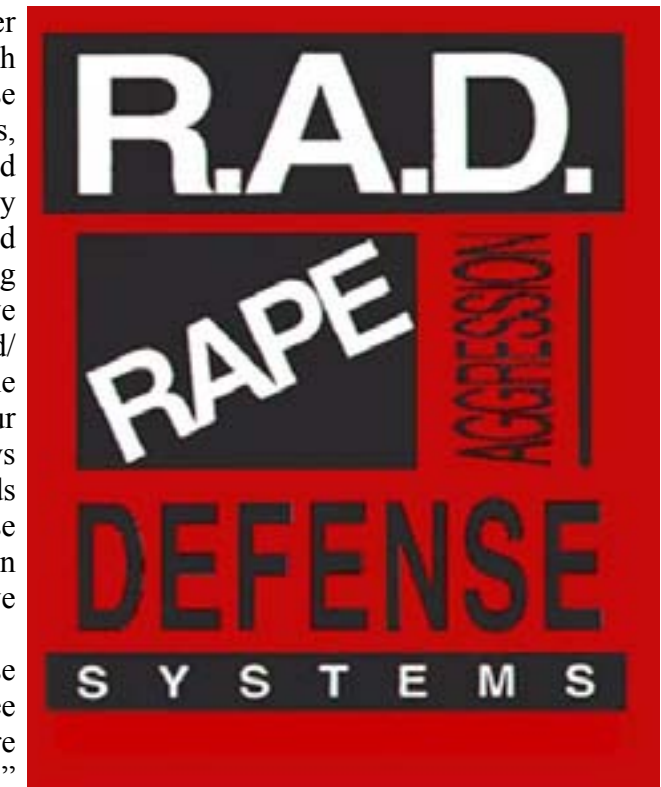
to get him away, three if you're fast," said Llano." The officers do each tactic one by one with each woman to make sure that they are comfortable with each move. The class is very empowering and a bit emotional for women as this course gives them a sense of confidence.

"We like to see women able

to defend themselves, we don't want to see anyone get hurt," said Capezza. The women in the class were very energetic and were verbalizing their aggression while doing each move yelling, "NO! STAY BACK."

"I think that all women should know how to defend themselves. It's really important. My

father was a Marine and he encourages me to take these courses," said Jamie Rodriguez a student attending the class. The next and last class will be enacted real life scenarios for the women to defend themselves in what will seem like real situations.



interests in mind."

"I think it would be a great way for students to save money" said Alex Dacey, published author and Farmingdale student. "I've been in too many classes where I bought an expensive textbook but never used it. Using OCW would not only help me save money, I can always download what I need as I need it."

Students are encouraged to familiarize themselves with OCW and ask their department chairs

to identifying and adapting OCW wherever feasible and suitable. More information about OCW is available online at

www.OCWConsortium.org  
ocw.mit.edu  
oyc.yale.edu  
ocw.tufts.edu

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thing was really beautiful,” said Cesario. “It was well put together and I enjoyed it. I didn’t even know there was a whole story behind that tree.”

In accordance with Farmingdale’s initial beginning as a rather small, agricultural institute, there was an educational program held on Friday, April 20, on how to grow food at home. The five dollar cover charge went to support the Department of Ornamental Horticulture’s Sustainable Garden. The eight- hour long program consisted of guest speakers, including “Wildman” Steve Brill, workshops, tours of the gardens, plants, and, of course, food.

“I did a well-attended talk and tour focusing on edible wild and medicinal plants to very enthusiastic audiences,” said Brill. “People who want to learn more can visit my site. Happy Foraging!”

“Farmingdale State College has always worked with particular attention to the environment, beginning with our founding as a college of agriculture,” said Keen. “Several of our academic programs integrate environmental and sustainability concepts into their academic programs and courses. In addition, several organizations within the college are extensively involved in environmental and sustainability issues, including the Solar Energy Center, the Smart Grid Corridor Project and the Green Building Institute.”

To further celebrate the always green campus, students’ commencement robes will be made of eco-friendly material called Greenweaver, which uses an average of 23 plastic bottles to make each robe. Farmingdale’s bookstore manager has seen a great reaction to the new gowns. “The response has been very positive with students,” said Mirro. “Since we brought Oak Hall sustainable cap and gowns to campus, sales have tripled. The College is very committed to sustainability practices and we’re proud to support that mission.” The manufacturing of the new robes is a safer technique and students can recycle their gowns after graduation for future use.

Finally, a program in the making will donate \$0.25 to an on campus sustainability program of the bookstore’s choice, which is just one of the ways that the college will help to establish an Office of Sustainability within the next ten years.

# College Relay: Passing the Baton

By Raj Tawney



Left to Right: Raj Tawney, Steven Cox, and John Grillea

My experience at Farmingdale may be as common, or individual, as any student I’ve passed on campus. When I first entered as a freshman, my life’s perspective was vastly different. I was lost, inconsistent, and unfocused. I was fortunate enough to meet upperclassmen who showed me how to get involved. Thanks to their kindness, I wouldn’t be leaving here with an entirely new outlook, ambition, and optimism on life.

**SOCIALIZE, SOCIALIZE, SOCIALIZE!** That’s my greatest advice for underclassmen. It makes a big difference. I was a bit shy when I first arrived here. For those who know me today, they’d relentlessly beg to differ. It’s not always easy to communicate with strangers. But if you realize that your peers are in the same boat, then you’ll find new friendships easier to come by.

As soon as you declare your major, you’re likely to see familiar faces in numerous classes. You’ll find comfort in

the common ground of your program. You’ll develop a bond, having gone through the effort together.

On-Campus activities are a great avenue too. There are clubs and events like Backstage Club, Campus Activity Board, Hockey Club, Fashion Committee, Asian American Cultural Festival, and Campus Clean-Up where you meet students with similar interests.

Last, being friendly with your professors is not only about unlawfully boosting you grade. Many of Farmingdale’s professors have/had careers outside of these walls. Use their experience, wisdom, and enthusiasm as a way of expanding your own world before you enter it. They will teach you more than just the words in your textbook.

I got the most out of my experience at school. Even as a graduating senior, I experienced more in my last semester than all of my semesters combined. And I acquired just as many parking tickets!

# Going Green and Global Warming

By Mariam Omar



Farmingdale’s Solar Energy Panels

Farmingdale State College’s new solar panels are helping in going green. “Green then and green now” is Farmingdale State College’s slogan.

“Staying green is in keeping with our origins as an agricultural college,” said Kathy Coley, Director of Communications at Farmingdale State College. Last year, the College purchased six all-electric vehicles for campus use, and the majority of the institution’s fleet of nearly 50 cars is now flex-fuel designed or electric.

The Horticulture Department opened a Sustainable Garden last year. The development of a sustainable garden within Farmingdale State College’s renowned four-acre Teaching Gardens offers the Department of Ornamental Horticulture an opportunity to foster greater awareness and understanding of a truly green movement among its students, who will serve as future industry leaders.

This new outdoor classroom will continue the department’s long tradition of using practical, hands-on experience to complement and enhance traditional academic programming.

We have an active recycling program - which you can see in every campus building,” said Coley. Farmingdale

State College’s initiative in going green is building awareness. Over 250 people attended our recent International Energy and Sustainability Conference,” said Coley.

What’s behind this trend of going green? Is it technological, or is it environmental? It’s both. Some recent data available confirm that global warming is no longer a myth. “There is a rise in temperature,” said Marjaneh Isaapour, professor at Farmingdale State College. “Technology is moving.”

Solar energy does not create a pollutant, and by that we are using less of our limited resources such as fossil fuel energy,” said Issapour. “It is 100 percent usable technology,” said Issapour.

We can minimize global warming by “conservation, re-training of the mind and attitude, using renewable energy, solar, wind, tidal power, and geothermal resources,” said Issapour.

Scientists are doing great research and using solar cells that are more efficient,” said Issapour. Scientists are creating deployable habitats, which are a source of energy that help the Navy and Army with temperature. There are also some people who like to convince others for political reasons to be

dependent on fossil fuel energies. “But global warming is here to stay, and it can turn around with the will power of people,” said Issapour.

“Every winter it snows, and every summer it is hot,” said Yolanda Jones, a student at Farmingdale State College. Although Jones does not believe in global warming, she recycles and two times a week she uses a reusable coffee cup.

“Yeah, I’m for it” (going green), said Diana Menke, a student at Farmingdale State College. There are conflicting beliefs in global warming with students at Farmingdale State College. “I think about global warming sometimes,” said Paige Collins, a student at Farmingdale State College who also recycles.

Even though there are conflicting beliefs about global warming, students at Farmingdale State College are environmentally friendly.



# NEW BUSINESS BUILDING IN THE WORKS

By Ted Maghacot



*Farmingdale School of Business Rendering  
(Image courtesy of Farmingdale State College Campus Construction Image Gallery)*

The next new building after the campus center will be the building for the School of Business.

“The new building for the School of Business is one part of a larger Facilities Master Plan for capital development at the college,” said Dr. Hubert Keen, President of Farmingdale State College.

The need for the building is based on the growth of the college’s enrollment and increased popularity of the academic majors in the Farmingdale School of Business.

The approximate size of this building is 42,000 square feet and will have a number of different classrooms including four lecture style tiered classrooms, four large collaborative classrooms, three table and chair classrooms and computer labs. The new building will be located at the old Nassau Hall dormitory site.

“The building has a modern design, but the architect was very conscious

about using specific materials to work with the surrounding buildings in the area,” said Douglas Dargis, Campus Architect of the Farmingdale State College Physical Plant. The south elevation of the building facing Memorial, Hooper and Alumni Halls will have a brick face and the north elevation facing Whitman Hall will have a precast panel that is similar to those found on Whitman and Hale Hall.

Currently, the departments in the School of Business include business, computer programming and information systems, ornamental horticulture, sport management, and visual communications.

“Currently, staff and faculty are spread out in Whitman Hall, Thompson Hall, Hale Hall, and the Greenhouse,” said Kathy Coley, Director of Communications for Farmingdale State College. The new School of Business building aims to consolidate most of

these departments as well as create more classrooms for these departments to use.

“While we will consolidate a significant portion of the School of Business faculty and offices within the new building, there are some departments (such as Visual Communications), that will remain in their current locations,” said Richard Vogel, Acting Dean for the Farmingdale School of Business.

“If properly designed, it can add a sense of camaraderie and pride to the department,” said Michael Slauenwhite, Business Professor of Farmingdale State College.

The construction of this new building is scheduled to begin July of 2012.

# Raising Awareness at Farmingdale

By Elizabeth Fogarty



*(Right to Left) Laura Leonard and Alice Buck volunteering at the Health and Wellness Fair  
Photo by Elizabeth Fogarty*

Democratic Republic of the Congo is a place that is a world away from Long Island. Many will never visit the Congo. Most don’t even think about the Congo in Africa, blindly unaware of the fact that the Congo is considered one of the most dangerous places in the world.

On April 24 during the Health & Wellness Fair located in Roosevelt Hall, a group of women came together to educate Farmingdale State College students and staff about the most dangerous place on earth - The Congo. What Better Looks Like is a group which raises awareness to the horrendous crimes, violence, and living conditions in the Congo.

“I think it is imperative to make a stand to bring awareness to such a serious problem,” said Laura Leonard. Prepared with handouts and pamphlets these ladies were ready to inform the

public and put a stop to the brutality happening right now in the Democratic Republic of the Congo.

Coming to Farmingdale these women volunteered their time and were willing to make a stand. One woman who attended this event was 85-year-old Pat Nelson who made a generous donation of \$1,000 to the cause. “It’s good to make women aware,” said Nelson who has eight children, five of them girls. She understands how important it is to keep the girls safe.

Another woman helping this cause is Alice Buck. “I feel as though this makes a world of difference for one person to give her time and energy,” said Buck. “Change starts with one person to create this spirit.”

These women were kind enough to take time from their own lives to help save someone else’s life. It was

inspirational, to see that people do care. The women taught that one person can make a difference. These women are on a mission to make the Congo a safer place.

If you are interested in helping What Better Looks Like make a difference, contact Chris@whatbetterlookslike.com for more information on how to help.

## FARMINGDALE'S WOMEN'S VOLLEYBALL TEAM

By Raquel Sousa



Farmingdale's women's volleyball team has high expectations for their upcoming season. This year the team was in the top ten in the nation in service

aces per game with their strong services line. Last season the team was 14-8 which was their most successful season since 2006. "Unfortunately we lost in the conference semifinal 25-23. We were disappointed to lose in such a close game; however overall we viewed the season as a positive step towards building a better program," said Patric Santiago, volleyball coach.



Renee Milevoj with a killer spike (Image courtesy of Farmingdale State College Image Gallery)

Santiago has been Farmingdale's head women's volleyball coach for 3 years now. He enjoys being a coach and loves having the opportunity to pass on all that he's learned about a sport that he loves. "Coach Santiago has done a terrific job of building our team back to a winning program during his 3 years so far," said Deana Ward, Assistant Athletic Director

"I think our Women's Volleyball is improving every year. They are a real fine group of young women who work extremely hard and I think they have a very good chance of winning

the conference next year," said Michael Harrington, Director of Athletics. The team is looking to make a few changes in order to make their next season

a complete success. Next season they are expecting 13 women to start the preseason as opposed to the eight women they had last season. Santiago also said that over the last two years the team has taken a step back with blocking; therefore he is hoping to fix that by implementing swing blocking and other new defense schemes.

Santiago is taking steps to make the team better and better and looks forward to what they're

hoping will be their most successful season to date. "The team is returning their best player, Holly Sahner, and four other players, so I think their strengths are the team will have a great deal of experience coming back next year," said Harrington.

"If we can keep everyone healthy, we should have a good opportunity to be very successful. We will start our season again the third week in August with a busy preseason of 2-3 practices a day," said Santiago.

This year's sports teams had varied results ranging from poor to very successful.

Some of the most successful teams were Women's Basketball, Women's Soccer, and Men's Basketball. They were all leaders in their respective conferences. On the other hand, the Men's Soccer team had a very disappointing season.

The Men's Baseball and Women's Softball are still in progress, but they both have promising seasons going for them so far.

### Women's Basketball

15-10

### Women's Lacrosse

14-2

### Women's Soccer

15-4-3

### Men's Basketball

23-6

### Men's Lacrosse

6-9

### Men's Soccer

4-12

